

Injection Pre-Treatment

Instructions

- Do NOT consume alcoholic beverages at least 24 hours prior to treatment. (Alcohol may thin the blood, increasing the risk of bruising.)
- Avoid anti-inflammatory/blood thinning medications if possible, for one week prior to injections. (Asprin, Vitamin E, Ginkgo, Biloba, Ginseng, St. Johns Wart, Omega 3/Fish Oil Supplements, Ibuprofen, Motrin, Advil, Aleve, & other NSAIDS have blood thinning effects and can increase the risk of bruising & swelling after injections.)
- If you are on or have just finished Steroids or Antibiotics within 2 weeks of an appointment, you need to call and reschedule.
- If you have a history of cold sores, please let your provider know. (An anti-viral medication may be prescribed prior to treatment.)
- Avoid dental procedures 2 weeks before and after the dermal filler procedure.
- Avoid any vaccines one month before and after the dermal filler procedure.